

MAHARAJI



SELECTED EXCERPTS

THE PREM RAWAT FOUNDATION



SELECTED EXCERPTS

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EYES WIDE OPEN

*“To take every step with dignity is
not false pride, but real pride.”*

Maharaji

The gift has already been given. You are alive. All you need to do is to recognize it. All you need to do is accept this gift in your life, in your existence. This gift of clarity, this gift of life, this gift of joy is an incredibly profound reality. It's not a concept, not an idea, and not an imagination. It is not something that if you do this, this, and this then maybe God will look down upon you and smile, "Good kid." That's already happened. The smiling part is happening right now as that breath comes into you. Nothing can be greater. Nothing.

If you realize what you have, you wouldn't want any more. If you fathom what it means to be clear, if you can fathom what it means to swim in the crystal waters of the river of answers, you are back on the path you came here for. You begin to live. The whole world is right. Nothing is wrong. It is all put in its balance. Now, you are not asking the question, "Why did I come here?" Now, you belong. You are happy to be here, happy to be alive.

~ 1 ~

All that was wrong has been put right. You can walk with surety. Before, your steps wallowed because you were uncertain, because you questioned where you were going. Now, they glide because you know where you are going.

That is dignity. To take every step with dignity is not false pride, but real pride. Walk this life with eyes wide open, not shut. Walk with real assurance. You may have come into this world empty handed, but you are guaranteed not to leave empty handed.

~ 2 ~

INSIDE IS YOUR HOME

“Inside of you is a beautiful, sweet reality waiting to be discovered. It is a place you can go to without ever having to wonder when you will have to leave.”

Maharaji

Is this world your home? No. This is the hotel. The welcome has happened. Now, they're talking about checkout time. Is that good or bad? No. That's just how it is. There are little reminders. Home is that place where there isn't that little sign behind the door that says, "You are here." I don't need to be told that. I know where I am.

In this world, you need to know where you are. Everything is telling you, "You're here, you're here, and you're here." Your boss will tell you that you are here, but if you tried harder, you could be there. Your friends are telling you that you are here, but you could be a lot friendlier if you were there. After you buy your new car, you drive down the highway and see the luxury model pass you. That means you are here, but if you had worked harder, you could have been there.

~ 3 ~

Inside of you is your home. Inside of you is consciousness. Inside of you is a beautiful, sweet reality waiting to be discovered. It is a place you can go to without ever having to wonder when you will have to leave. You don't have to leave. You can stay one more day, and then another. You can leave when you wish, and come back again. You can come back again and again without ever having to wonder when you have to leave.

And you know, that is one place where you don't have to struggle. When you are sitting in that focus, you don't have to struggle. You have that in your life. Try, and in trying, you will succeed. That is a success. It is not a threshold, a line, or a final step. The fact is that you have tried, and in that trying alone is your success. The chasm will have been filled. Joy unparalleled will have been felt. For however long, your heart will have filled with gratitude. That is enough. There is no clock, no measurement. The heart fills with gratitude, I fill with gratitude, and I feel thankful in my life. This is a success story. This is good. Instead of wandering, I have felt home.

~ 4 ~

THE REALM OUTSIDE THE IMAGINATION

*“The domain of the heart has
no society to create rules”*

Maharaji

We have been given this beautiful, beautiful feeling of the heart—to use to reach within ourselves. We have been given this heart, not for reasons, not for ideas, but to reach within.

Use it.

The domain of the heart has no society to create rules. There are no people making rules about what it should be like, about what we should and shouldn't do. In the kingdom, in the realm of the heart, whatever we do has to come from the sincerest place. That is the only rule there is.

This is about the heart. You have a heart, a place that has never aged. The body has aged, but the heart has not aged. It is the same as when you were a little child. The heart has never given you a command.

The mind does—all day long. “Do this; do that. You should do this. You must do this;

The heart speaks to you, but it does not command. It tells you, “Be happy. Be in that joy. Be thankful.”

When you are in peace, the mind says, “What? What are you doing?”

~ 5 ~

The heart says, “Yes. This feels good. This feels right.”

The heart is the realm outside the imagination. Outside the imagination is the true tranquility, the true fulfillment, the true joy—which the mind cannot even fathom. Every day that we can be thankful for this gift is a day that has been worth living. The cycle is complete. The sun did not rise in vain nor set in vain. The breath that came did not go in vain. Time—the second sweep, the rotating of this earth, the movement of the universe—was not in vain because one person \ (or however many it was \) was thankful for this day, thankful for this existence.

Let this heart not sit in a corner somewhere. Don’t let it sit in some shack somewhere. That’s not where it belongs. It belongs within you, dancing and shining. And every day, make your effort to ensure the heart gets to do its little dance.

~ 6 ~

EXCELLENCE: WHEN A PERSON IS CONTENT

*“Excellence walks in when you begin
to be conscious, not before.”*

Maharaji

The day I begin to accept this life is the day my heart starts to fill with gratitude. And that’s a transformation that is divine. That is a real transformation, a transformation that can fill me. And that is the transformation that I want in my life. I want to be thankful every day. I want to be simple every day. I want to be simple every hour and every minute because all complication brings me is more complication. All complication brings me is pain, sorrow, darkness.

When I understand how simple I am and how simple I need to be, I understand why I am alive. I know why my heart desires joy. I know why I love light and not darkness. I know why I love this breath, this existence. I know and I understand.

That’s the magic that I have to have every day. Every day, I have to be aware. Every day, every minute, every second, I have to be conscious. I know many people want excellence in their life. Consciousness is all about that excellence.

~ 7 ~

Excellence walks in when you begin to be conscious, not before. Before that, you are just like a bumbling fool who has learned like a parrot to say, "Parrot want a cracker." The parrot doesn't understand what parrot really means. The parrot does not understand what cracker really means. So many people call for excellence, excellence, excellence. They have learned to describe excellence, but have no understanding of what excellence actually means.

Excellence is when a person is content. There may be people who are managers and, for them, excellence is an employee putting in an extra hour and not asking for pay. To me, excellence is being fulfilled. If excellence is real, then it is within you.

And if joy is real, there is only one place where you will find it. And if peace is real, there is only one place where you can find it. And that is within you.

~ 8 ~

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